



## SOMESHWAR SCIENCE COLLEGE

Someshwarnagar, Tal: Baramati, Dist: Pune (Pin: 412306)

(Affiliated to Savitribai Phule Pune University, Pune)

Estd: 2007

Phone (02112) 283187



Govt. Reg. No.N.C.G.2007 (189/07) Mashi-3, Dt. 2 July 2007|College Code 827|University Appvl. No. ID No. PU/PN/S/284/2007

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Principal  
Someshwar Science College, Someshwarnagar



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### 7.2.1 Describe two best practices successfully implemented by the Institution as per the NAAC format provided in the Manual

#### Best Practice- I: Women's Empowerment

##### Objectives:

Women empowerment in India has made significant strides, transforming the social fabric of the nation. Despite challenges, Indian women continue to challenge societal norms, striving for equal opportunities and a brighter future for all.

Our institute has implemented best practices to raise awareness among female students about their rights through distinctive value-added programs. These programs focus on the development of health, strength, leadership, intellectuality, skill enhancement, and independence.

##### Practice:

- These practices include Health checkup programs for female students.
- Hemoglobin checkup camps to know health regarding issues.
- Self-defense training for protecting herself.
- Celebrations of influential women.

One of the programs conducted was a health checkup specifically for first-year Bachelor of Science (BSc) students in our college. By providing comprehensive medical examinations, the program aims to identify any health concerns early on and offer necessary interventions.

Creative competitions, such as

- Rangoli and Mehandi contests,
- festivals like dasara celebration,
- Teacher's Day Celebration,
- Avishkar Competition, hemoglobin check-up,
- 'Meri Maati Mera Desh' Abhiyan,
- 'Punyashlok Ahilyadevi Holkar' birth anniversary Celebration,
- Essay Writing Competition Were also held in our college.

These events inspire students' artistic and culinary skills, enhancing their economic stability.

Overall, these programs are designed to aim to empower female students by instilling a sense of self-worth and independence. By focusing on health, skill development, and awareness of their rights, these initiatives laid the foundation for holistic growth and success.

##### Evidence of Success:

- Boosted confidence among the girl students.
- Photographs with and without Geo-tag.

##### Problems Encountered and Resources Required:

- Travel limitations to girl students from their parents regarding industrial visits.
- Limited funds and finding resource persons for workshops and seminars.



  
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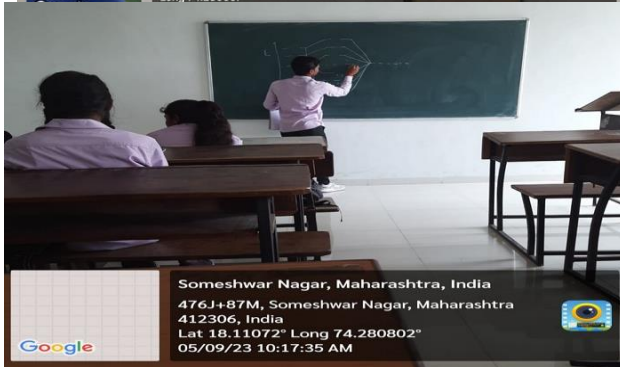
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## Mehandi and Rangoli Competition:



*[Signature]*  
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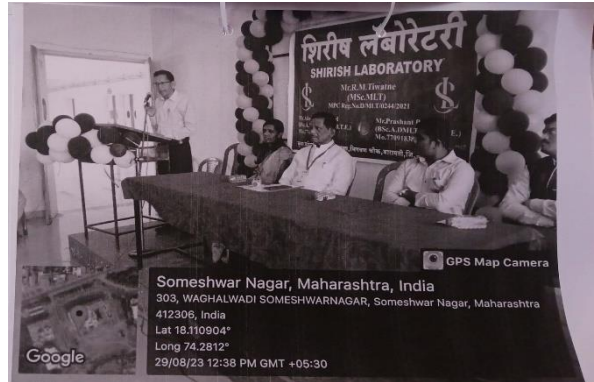
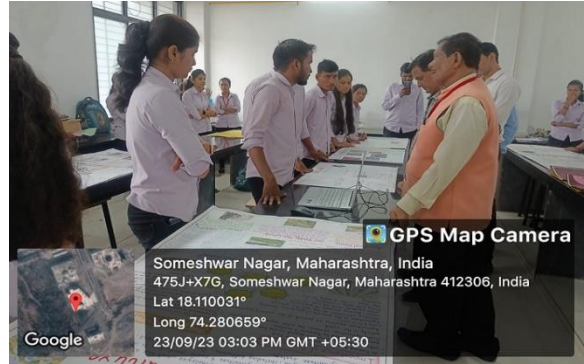
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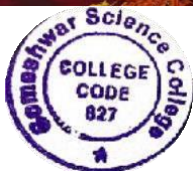


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## Avishkar Competition:



## Meri Maati Mera Desh:



  
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### 'Punyashlok Ahilyadevi Holkar' birth anniversary Celebration:



  
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### Best Practice-II: Nirbhay Kanya Abhiyan

#### Objectives:

The Nirbhay Kanya Abhiyan program is aimed at empowering female students and teaching them self-defense. It combined lectures and practical training sessions, enabling participants to gain vital knowledge and skills that enhanced their personal safety and boosted their confidence.

To foster the empowerment and confidence of girls on campus, the institute organizes various social activities. The Nirbhay Kanya Abhiyan aims to raise awareness and ensure the safety of female students. Initiatives like Women Health Awareness Program serve as platforms for highlighting women's issues and encouraging girls to take leadership roles in society.

#### Practice:

In the coordination of Health and Hygiene committee of Someshwar Vidnyan Mahavidyalaya Someshwarnagar, and Tathastu Hospital, Waghawadi-Renkanagar, A "Women Health Awareness Program'on the occasion of Navratri by conducting a lecture on "PCOD and its management "by Dr.Priyanka Shinde from Tathastu Hospital, was organized at 11.00 am. On 23 October 2023 at Someshwar Vidnyan Mahavidyalaya, under the guidance of Prof.S.B.Surywanshi, Principal.

A program was started by welcoming Chief Guest and Speaker Dr.Priyanka Shinde (Tathastu Hospital), Prof.D.V.Bansode (Vice Principal, Someshwar Vidnyan Mahavidyalaya), all the ladies teaching staff and all girl students. A felicitation of chief guest was done by prof. R.D.Shelke (HOD, department of Compute Science). All the dignitaries on the dais including Prof.Shubhangi Kamble (HOD, Department of Microbiology) and Prof. Madhuri S.Bhandwalkar (Coordinator, Health and Hygiene Committe offered Vruksh Sanjiwani and inaugurated the program

#### Evidence of Success:

- Photographs of the program.
- Health check-up and Lectures on the 'health Awareness'



  
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॥ तमसो मां ज्योतिर्गमय ॥  
श्री सोमेश्वर शिक्षण प्रसारक मंडळाचे  
सोमेश्वर विज्ञान महाविद्यालय  
सोमेश्वरनगर, ता. बारामती, जि. पुणे (पिन कोड : ४१२ ३०६) महाराष्ट्र, भारत  
सावित्रीबाई फुले पुणे विद्यापीठ पुणे संलग्नित

फोन नं. (02112) 283187, 283187  
स्थापना : २००७  
सं. प्र. नं. पु. सी. जी. २००७ (१८९/०७) माशि-३, दि. २ जुलै २००७ कॉलेज कोड ८२७ यु. आय. सी. नं. पी. यु. / पी. एन. / ए. ए. / २८४ / २००७  
जावक क्रमांक : सीदिन/  
दिनांक : १८/१०/२०२३

प्रति,  
मा. प्राचार्य  
सोमेश्वर विज्ञान महाविद्यालय सोमेश्वरनगर

विषय : महिलांच्या आरोग्य विषयक व्याख्यानाच्या आयोजनासाठी परवानगी मिळणेबाबत...

मा. महोदय,

वरील विषयास अनुसरून आपल्या संस्थेच्या सोमेश्वर विज्ञान महाविद्यालयामध्ये नवरात्री निमित्त "महिलांचे आरोग्य विषयक समस्या आणि त्यावरील उपाययोजना" या विषयावर आधारित व्याख्यानाचे आयोजन झाले. दि. २३.१०.२०२३ रोजी सकाळी ११.०० वाजता करण्यात येत आहे. सदर व्याख्यानासाठी मार्गदर्शक म्हणून "तथास्तु हॉस्पिटल सोमेश्वरनगर" येथे कार्यरत असणा-या डॉ. प्रियंका शिंदे उपस्थित राहणार आहेत. तरी सदर व्याख्यानाच्या आयोजनासाठी परवानगी मिळावी ही विनंती.

कळावे,  
To  
Hon. President / Hon. Secretary  
do the needful.  
18/10/2023

आपला विश्वासू  
(Asst. Prof. Bhandwalkar Madhur  
Principal  
Allowed SH  
Shamang

18/10/23  
F.7. Hon. Sec. - F.F.B -  
DIRECTOR REPRESENTATIVE  
SHRI SOMESHWAR VIDYAN MAHAVIDYALAYA  
SOMESHWARNAGAR  
BARAMATI, DIST-PUNE  
Conduct in 2 or 3 batches  
for all girl students.



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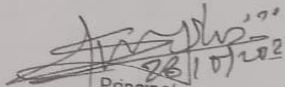
A Report on 'Women Health Awareness Program'  
by conducting a lecture on  
"PCOD and its management"  
By Dr.Priyanka Shinde from Tathastu Hospital  
on 23<sup>rd</sup> October 2023

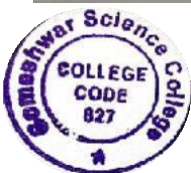
In the coordination of Health and Hygiene committee of Someshwar Vidnyan Mahavidyalaya Someshwarnagar, and Tathastu Hospital, Waghawadi-Renkanagar, A "Women Health Awareness Program" on the occasion of Navratri by conducting a lecture on "PCOD and its management" by Dr.Priyanka Shinde from Tathastu Hospital, was organized at 11.00 a.m. on 23 October 2023 at Someshwar Vidnyan Mahavidyalaya, under the guidance of Prof.S.B.Surywanshi, Principal.

A program was started by welcoming Chief Guest and Speaker Dr.Priyanka Shinde (Tathastu Hospital), Prof.D.V.Bansode (Vice Principal, Someshwar Vidnyan Mahavidyalaya), all the ladies teaching staff and all girl students. A felicitation of chief guest was done by prof. R.D.Shelke (HOD, department of Compute Science). All the dignitaries on the dais including Prof.Shubhangi Kamble (HOD, Department of Microbiology) and Prof.Madhuri S.Bhandwalkar (Coordinator, Health and Hygiene Committee) offered Vruksh Sanjiwani and inaugurated the program.

Very informative and basic knowledge of Female reproductive system, PCOD concept and Preventive measures were covered in the lecture given by Dr.Priyanka. She explained it with supportive video presented on projector. She also encouraged girl students to ask if they have any doubt regarding their health. A helpful interactive session was successfully done. A program anchoring was done by Ms.Pooja Chavan from chemistry Department and Vote of thanks was given by Ms.Kajal Madane from Zoology Department expressing special thanks to Prof.Dr.S.B.Surywanshi, Principal, Prof.D.V.Bansode, Vice Principal, and all teaching and non-teaching staff and all girl students.

Report Submitted by: Prof.Madhuri Santosh Bhandwalkar,  
The Coordinator, Health and Hygiene Committee  
Someshwar Vidnyan Mahavidyalaya

  
Principal  
Someshwar Science College, Someshwarnagar



  
Principal  
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Someshwar Shikshan Prasarak Mandli's

Someshwar Science College Someshwarnagar Woman Health  
Awareness Program on the Occasion of Navratri Lecture on

PCOD & its Management for Girls Students

Dr. Priyanka Shinde

Guest & Speaker - Tathastu Hospital Tal - Baramati, Dist - Pune

Date: 23.10.2023

Time: 11:00 a.m

| Sr No | Name of Student           | Class    | Signature   | Feed Back |
|-------|---------------------------|----------|-------------|-----------|
| 1     | Pawar Sushama Popat       | F.Y.BSc  |             | Good      |
| 2     | Navale Siddhi Mohan       | F.Y.BSc  |             | Good      |
| 3     | Mulani Muskan Riyaj       | F.Y.BSc  |             | good      |
| 4     | Shikule subani Sambath    | F.Y.BSc  | s.s.shikule | good.     |
| 5     | Jadhav Shilpa Vijay       | F.Y.BSc  |             | good      |
| 6     | Mane Rupali santosh       | F.Y.BSc  |             | good.     |
| 7     | Khatame sakshi Popat      | F.Y.BSc  |             | Good      |
| 8     | Jadhav subhmi Alom        | F.Y.BSc  |             | good.     |
| 9     | Mate Asmita Mukund        | F.Y.BSc  |             | good.     |
| 10    | Gophane Akshada Pandurang | F.Y.BSc  |             | good.     |
| 11    | Dalavi samrudhi Rajadani  | F.Y.BSc  | S.R. Dalavi | good      |
| 12    | Jadhav Akansha savata     | F.Y.BSc  |             | good      |
| 13    | Gaikwad Kadhiki Rahul     | F.Y.BSc  |             | good      |
| 14    | Waghmare Bhvashree S.     | F.Y.BSc  |             | good      |
| 15    | Sankpal Varshani Suryaji  | F.Y.BSc  |             | good      |
| 16    | Nalawade Panchika monoj   | F.Y.BSc  |             | good      |
| 17    | Virkar Amruta Nandkumar   | S.Y.BSc  |             | good.     |
| 18    | Shinde Damini Mahadev     | S.Y.BSc  |             | good      |
| 19    | Gaikwad Pratiksba Nitin   | S.Y.BSc  |             | good      |
| 20    | Harhar Supriya Gajanan    | S.Y.B.Sc |             | good.     |



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| Sr No | Name of Student             | Class     | Signature     | Feed Back |
|-------|-----------------------------|-----------|---------------|-----------|
| 20    | Achpal Prayakta Rajendra    | S.Y Bsc   | Achpal        | Nice      |
| 21    | Jathar Arya Jitendra.       | S.Y. BSc. | Jathar        | Good      |
| 22    | Kakade Sai Ganesh           | S.Y.BSc   | Sai           | Good      |
| 23    | Jagtap Shivani Anil         | S.Y. Bsc  | S.A Jagtap.   | Good.     |
| 24    | Bhosale Saniya Subhan.      | S.Y. B.Sc | Bhosale.      | Good.     |
| 25    | Mate sima chandrakant       | S.Y.BSC   | s.c.mate      | Good      |
| 26    | Thorat Aishwarya sampat     | S.Y BSC   | Thorat        | very nice |
| 27    | Jaypatre Bhumika Santosh    | S.Y. BSC  | Jaypatre      | very Good |
| 28    | Gaikwad Samruddhi Sunil     | S.Y. B.Sc | S.S. Gaikwad  | Awesome.  |
| 29    | Gawade Dharmashri Dattatray | F.Y. BSc  | D.D. Gawade   | Good      |
| 30    | Kahar Anjali Rameshprasad   | F.Y. BSC  | A.R. Kahar    | Good.     |
| 31    | mane megha Dnyanesh         | F.V. Bac  | M.D. mane     | Good.     |
| 32    | Bankar Priya Pravin         | S.Y. BSC  | P.P. Bankar   | Excellent |
| 33    | Nigade Preeti Dattatray     | S.Y. BSC  | Nigade        | Excellent |
| 34    | Jadhav sanika popat         | S.Y. BSC  | Jadhav        | Excellent |
| 35    | Pawar Prayakta Ramesh       | T.Y. BCS  | Pawar         | Good      |
| 36    | Jadhav payal rajendra       | F.Y. BCS  | Jadhav        | Good      |
| 37    | Thapate Gauri Anil          | T.Y. B.CS | Thapate       | Good      |
| 38    | Shendkar Nikita Nannath     | T.Y. BCS  | Shendkar      | Good      |
| 39    | Mulage Samruddhi            | F.Y. Bsc  | Mulage        | Good      |
| 40    | Kakade Akanksha .           | F.Y. BSC  | Kakade        | Good      |
| 41    | Chavan priyanka sunil       | S.Y. BCS  | Chavan        | Good      |
| 42    | Jagdale snehal mugut        | S.Y. BCS  | Jagdale       | Good      |
| 43    | Kapse sakshi prakash        | S.Y. BCS  | Kapse         | Good      |
| 44    | Kakade Dnyeshwari Satish    | S.Y. BCS  | Kakade        | Good      |
| 45    | Adsul Sayali Vilas          | S.Y. BCS  | S.V. Adsul    | Good      |
| 46    | Sayyed Sara Alibhai         | S.Y. BCS  | S.S. Sayyed   | Good      |
| 47    | Dharmal Pooja Vishnu        | S.Y. BCS  | Dharmal       | Good      |
| 48    | Pharande kavari Uttam       | S.Y. BCS  | Pharande      | Excellent |
| 49    | Bhosale sakshi Rajendra     | S.Y. BCS  | Bhosale       | Excellent |
| 50    | Madkar Shivani Vijay        | S.Y. BCS  | Madkar        | Excellent |
| 51    | Hagawane Shanwari Lakshman  | S.Y. BCS  | S.L. Hagawane | Excellent |

  
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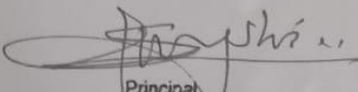
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|-------|-----------------------|-------|------------|-----------|
| 52    | Kanase Rutuja Bhujang | 5YBCS | Rutuja     | Good.     |
| 53    | Nale Ankita Vijay     | 5YBCS | Ankita     | Good      |
| 54    | Kumbhar shubhangi     | 5YBCS | Shubh      | Good      |
| 55    | Bunge Divya           | 5YBCS | Divya      | Good      |
| 56    | Salunke Pooja         | 5YBCS | Pooja      | Good      |
| 57    | Salunke Amruta        | 5YBCS | Amruta     | Good      |
| 58    | Thambare Rutuja       | 5YBCS | Ruthambare | Good      |
| 59    | Chaudhari Ankita B    | 5YBCS | Ankita     | Excellent |
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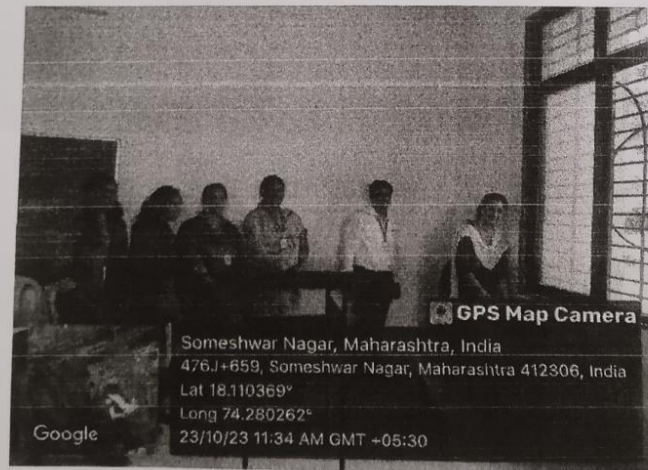
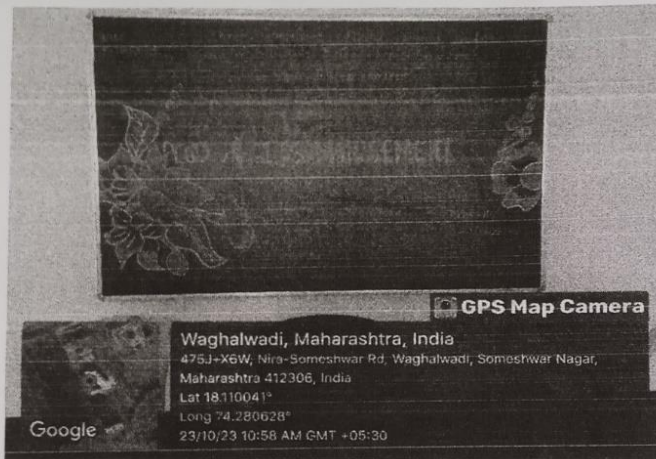
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## Photos of Guest Dr.Priyanka Shinde Inaugurating and delivering a lecture on 'PCOD and its Management'



  
Principal  
Someshwar Science College, Someshwar Nagar



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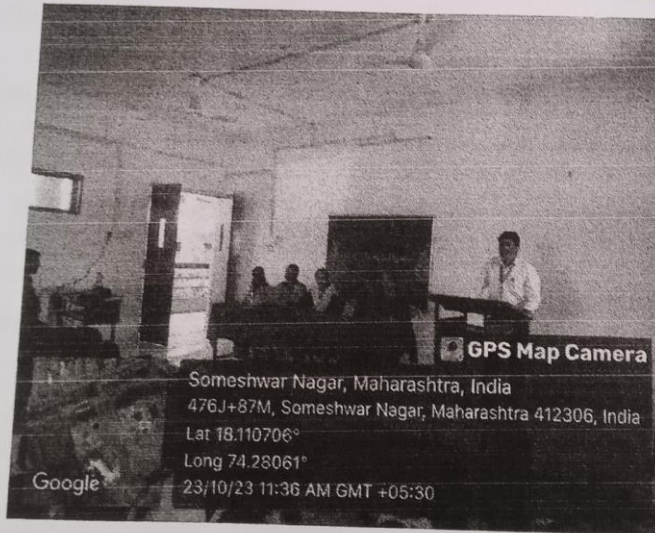
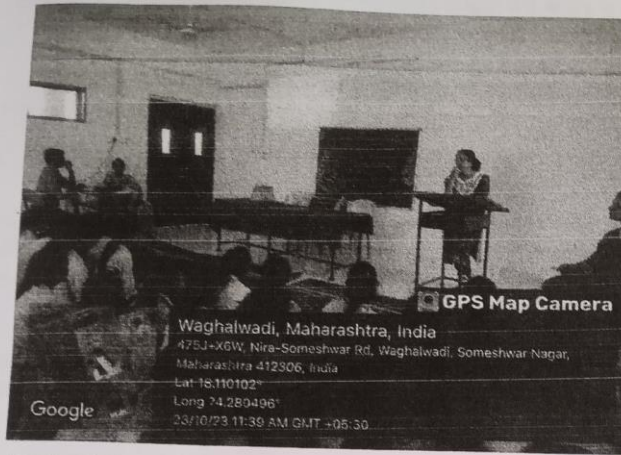
(Affiliated to Savitribai Phule Pune University, Pune)

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Principal  
Someshwar Science College, Someshwar Nagar



## SOMESHWAR SCIENCE COLLEGE

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